

## **Cultural heritage for the empowerment of rural women**



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This is the topic of gender equality and the role of rural women in Vipava Valley in Slovenia. The final product will be a calendar with photos and stories that will seek to go beyond stereotypes , while offering new ideas about sustainable products. So far we have established the following topics:

1. **WOMEN AS SOWERS** (wife, which collects, stores various seeds, the history of ancient seeds procedures for seed, characterized by the seeds of the Vipava Valley, symbolic aspect, woman sows – man harvest crops, village mutual help ... )
2. **WOMEN AS A GATHERERS** (herbs, preparing tea, health care , food gathering, natural treatment ... )
3. **WOMEN AS MOTHERS** (concern for education, female carriers of tradition / old skills , maternal instincts , female empathy ... )
4. **WOMEN AS HOUSEWIFES** - home care (ecology, natural soaps ...)
5. **WOMEN AS FRUIT GROWERS** (sugar figs, dried fruit, preparing stores for the winter - jams, compotes ...)
6. **WOMEN AND CULINARY** (corn bread, cakes, buns for children, healthy eating ... )