

Combining and Separating



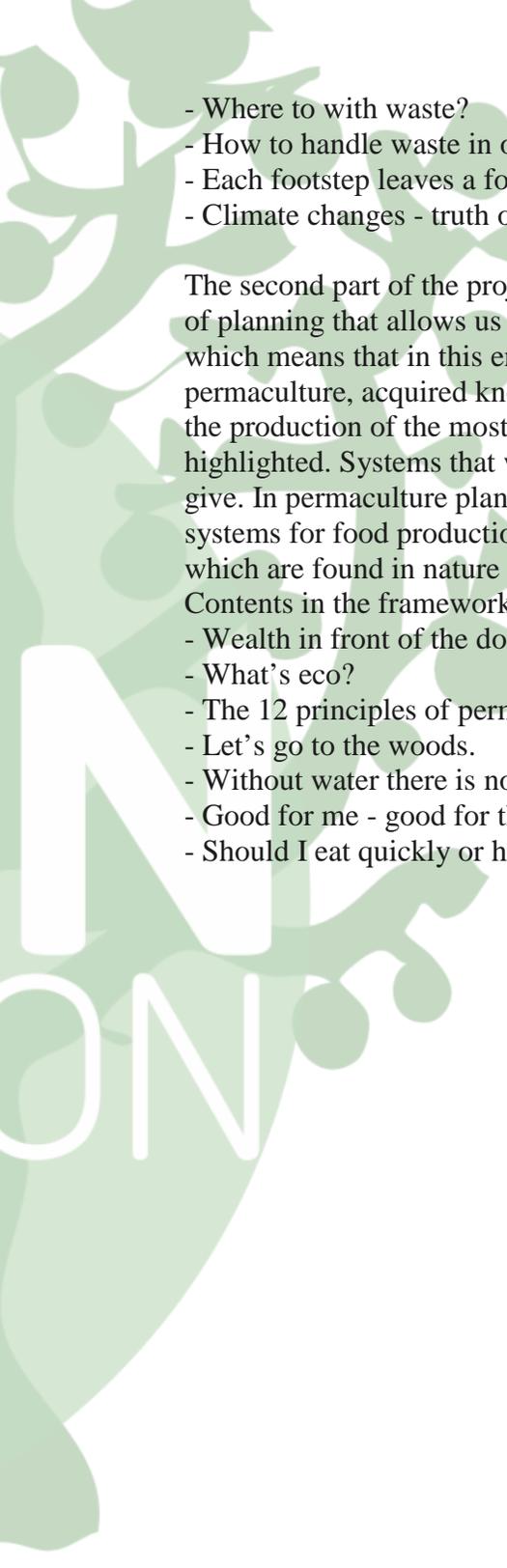
We know that things are changing even faster than we would like them to. Climate changes, wars for oil and water, destruction of resources, population growth and economic crisis - they fill us with a sense of uncertainty and they seem to be uncontrollable. Sometimes we feel that we are helpless and that we can't change anything. But our reaction to these facts is our decision. As well as are we willing to learn new things and through creativity, learning and critical observation of the environment stand up for ourselves. Changes always start with us. It is interesting that also young people are increasingly aware of the importance of environmental protection, healthy food, organic agriculture, self-supply etc. Therefore, we, participants of the Project Learning for Young Adults, decided that we also make some changes. One of the most important findings of ecology is that the relations or connections between things are as important as the things themselves. Healthy, living eco- system is a combination of vibrant connections and relationships. And exactly such system we would like to create in our program Project Learning for Young Adults. The project, which was named "Combining and Separating", is designed to bring together various aspects of ecology, permaculture, self-sufficiency, organic gardening, healthy lifestyle etc.

Basic objective of the project is to work with nature, not against it. So it is very important that we first get acquainted of what is happening. And then we can act. We must learn the general rules on how to properly deal with the environment and how to protect our nature. General rules will be learned through various lectures and workshops. We will learn the basics of recycling, organic farming, permaculture, self-sufficiency and last but not least a healthy lifestyle. Acquired knowledge will be implemented into practice.

The first phase of the project is based on the acquisition of basic knowledge in the field of ecology and recycling. A lot of things which at first glance seem like waste are in reality a valuable source of material that can be usefully utilized. It is important that young people are familiar with proper recycling, and above all, why to recycle. That's why the first phase will consist of lectures on the topic of recycling. Concrete aim of those lectures will be proper waste sorting and intensive recycling of waste in our program. In addition to proper waste sorting in this part of the project is particularly important collecting the waste, which will later be used in the continuation of the project - the establishment of herb garden on the principle of permaculture.

Within the first phase, we will learn about the following topics:

- Plastic, how to usefully recycle it?
- Do you sort waste?

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- Where to with waste?
 - How to handle waste in our program Project Learning for Young Adults?
 - Each footprint leaves a footprint in environment.
 - Climate changes - truth or hoax?

The second part of the project is designed practically - we will make herb garden on the principle of permaculture. Permaculture is a system of planning that allows us to meet our own needs without harming the environment. Working and living in this way we can live "forever", which means that in this environment our descendants will have equal quality of life. We will follow the 12 fundamental principles of permaculture, acquired knowledge will be used in practice. We will make wooden herbal beds. The main aim of our herb garden will be in the production of the most naturally associated nutrient cycle and energy. In permaculture the importance of self-sufficiency is very highlighted. Systems that we design must be able to survive on their own. It is crucial that we don't take from soil more than it is able to give. In permaculture planning is one of the objectives optimal use of renewable resources for creating, managing and maintaining effective systems for food production. We will try to take advantage of all the opportunities given to us by nature around us, because the patterns, which are found in nature are source, example and inspiration for permaculture.

Contents in the framework of the second phase of the project:

- Wealth in front of the domestic door.
- What's eco?
- The 12 principles of permaculture.
- Let's go to the woods.
- Without water there is no life.
- Good for me - good for the environment.
- Should I eat quickly or healthy?