



Lavander

Our program Lavander was formed as study circle and brings together people who are big fans of nature and healthy lifestyle. Most of them have already some experience with the cultivation of plants or manufacture of certain products. Older people have a wealth of experience and knowledge, which they inherited from their parents and grandparents. Tradition plays a big role in this – this is wealth which should be preserved. Younger participants on the other hand with knowledge on the latest researches and approaches introduce a bit of freshness in the themes under discussion.

We started in November and we meet once per month. Meetings take place in a very relaxed atmosphere. Every time we prepare a particular product and talk about it thoroughly. So we have manufactured domestic soap, calendula ointment, natural facial cream, massage pad for the care of the body after showering etc. We have agreed that we will all be actively involved, so every time a few participants prepare a presentation of medicinal plants, herbs or a certain natural product that they know best.

The group is quite diverse, since it contains both men and women. Also, the age range is quite large. The youngest participant has a little over twenty years, the oldest participant has around sixty years. We are a group of fifteen participants who regularly attend meetings.

For the next meeting we have planned exchange of seeds of various species of plants grown at home along with instructions on handling of seed germination methods , maintenance, on general all the information related to seeds and plants . In spring and summer we plan meetings conducted outside in nature and herb garden, where we will recognize plants and study their characteristics in practice. We'll see how they grow, bloom, smell ...

For the conclusion of our program, we agreed that everyone manufacture a herbal product. All of our products would be introduced to general public so that other people will be able to see what we have learned and made and how great and versatile the world of herbs is.

